

WEEKLY SCHEDULE

Block out hours spent in class, eating, sleeping, watching TV, visiting friends, recreating, etc...
Transfer Items from your To-do List to the appropriate time slots.

HOURS	Sun.	Mon.	Tue.	Wed.	Thurs.	Fri.	Sat.
6 - 7 am							
7 - 8							
8 - 9							
9 - 10							
10 - 11							
11 - 12							
12 - 1 pm							
1 - 2							
2 - 3							
3 - 4							
4 - 5							
5 - 6							
6 - 7							
7 - 8							
8 - 9							
9 - 10							
10 - 11							
11 - 12							
12 - 1 am							
1 - 2							
2 - 3							
3 - 4							
4 - 5							
5 - 6							



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